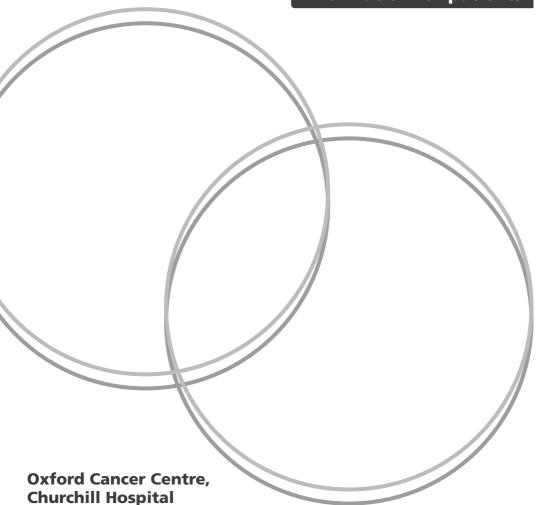


Sexual Care After Radiotherapy 'It Helps to Talk'

Information for patients



A cancer diagnosis and radiotherapy treatment may affect how you feel about sex and intimate relationships. It may be that your thoughts and feelings associated with sex have been affected, or physically things are different from how they used to be.

An appointment at the Sexual Care after Radiotherapy Clinic offers a safe space to talk about any changes that may have occurred, explore what this means to you and look for solutions together. If you have a partner, these changes may have affected them as well. It may be helpful for them to come to the appointment, or you may wish to come on your own.

This confidential service is provided by trained Therapeutic Radiographers. They may recommend that you are referred on to a Psychosexual Therapist or another expert, who can help with specific problems.

How to contact us

Please call us if you would like to make an appointment or have any questions.

Telephone: 01865 227 213 (8.00am to 1.00pm, Monday to Friday) Email: <u>sexualcareafterrt@ouh.nhs.uk</u>

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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