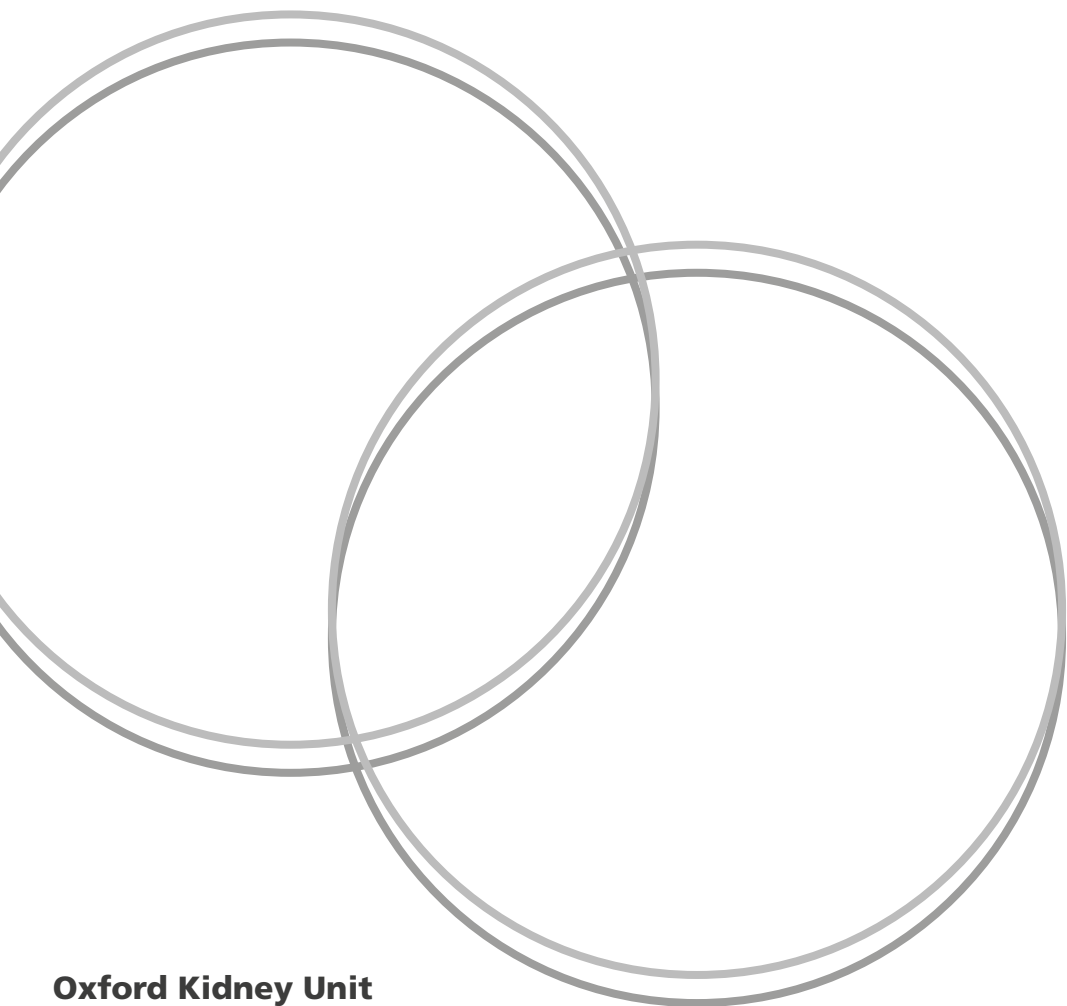




Oxford University Hospitals
NHS Foundation Trust

Renal Supportive Care

**Information for people with
chronic kidney disease**



Oxford Kidney Unit

What is renal supportive care?

People who live with chronic kidney disease often need increased help and support. Some people may need help with controlling the symptoms that are caused by kidney disease and being on dialysis. Other people may need extra help with everyday activities, such as washing, dressing, shopping and cleaning.

You may find you also want more information about your illness and what this may bring with it, as well as help to plan your future care.

We have a team of specialist nurses and doctors known as the Renal Supportive Care Team who help with supportive care.

What is the renal supportive care register?

The renal supportive care register is important; it helps us to make sure that your individual needs are communicated efficiently with all clinicians involved in your care (such as your GP, dietitians and other health professionals). The supportive care register is a way of helping us to identify people who need this extra support.

The Oxford Kidney Unit (including the satellite units) has chosen certain staff who have become 'supportive care champions'. These champions will be working together, to highlight those people who are likely to need their help.

To help us to identify those who may benefit from this help, all people on haemodialysis and peritoneal dialysis will be given a questionnaire. This will help you to identify any symptoms that you may have, so that we can begin to address any concerns that you may have with your future care.

Your results will be shared with you, your renal doctor, your GP and, if you agree, your name may be added to the supportive care register.

You don't have to complete the questionnaire if you do not want to. However, the questionnaire will help us to tailor your care to your individual requirements.

The questionnaires being used are called the Visual Analogue Scale (VAS) and Palliative care Outcome Scale – Renal (POS – Renal). These are designed to be a simple reflection of how you are feeling about your health on a particular day. The POS – Renal has been designed specifically for patients with kidney problems.

Our renal supportive care register enables the specialist team to help you:

- manage any symptoms that chronic kidney disease or dialysis may cause
- think about advanced care planning should you decide to
- refer you to any other services that may help, such as falls prevention clinic or review your dialysis options.

If you have any questions about any information contained in this leaflet, please speak to the staff in your Dialysis Unit.

The supportive care champion in your Dialysis Unit is:

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Contacts

The opening hours vary in each unit. If the unit is closed, an answer phone message will let you know who to contact.

Main Haemodialysis Unit

Churchill Hospital

Telephone: **01865 225 807**

Tarver Haemodialysis Unit

Churchill Hospital

Telephone: **01865 225 695**

Milton Keynes Haemodialysis Unit

Telephone: **01908 996 496**

Stoke Mandeville Haemodialysis Unit

Telephone: **01296 316 996**

Banbury Haemodialysis Unit

Telephone: **01295 229 811** or **01295 224 130**

High Wycombe Haemodialysis Unit

Telephone: **01494 426 347**

Swindon Haemodialysis Unit

Telephone: **01793 605 286**

Whitehouse Dialysis Unit

Telephone: **01295 228 552** or **01295 228 553**

Oxford Peritoneal Dialysis (PD) Unit

Telephone: **01865 225 792**

(8am to 6pm, Monday to Friday)

Email: **pd.team@ouh.nhs.uk**

(between 8.30am and 4.30pm)

Wycombe PD Unit

Telephone: **01494 426 349**

Swindon PD Unit

Telephone: **01793 605 288**

(8am to 6pm, Monday to Friday)

Milton Keynes PD Unit

Telephone: **01908 996 465**

(8am to 4pm, Monday to Friday)

Hours may vary if nurses out home visiting or annual leave.

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

Author: Rachel Carnie, Renal Supportive Care Nurse
June 2024
Review: June 2027
Oxford University Hospitals NHS Foundation Trust
www.ouh.nhs.uk/information



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