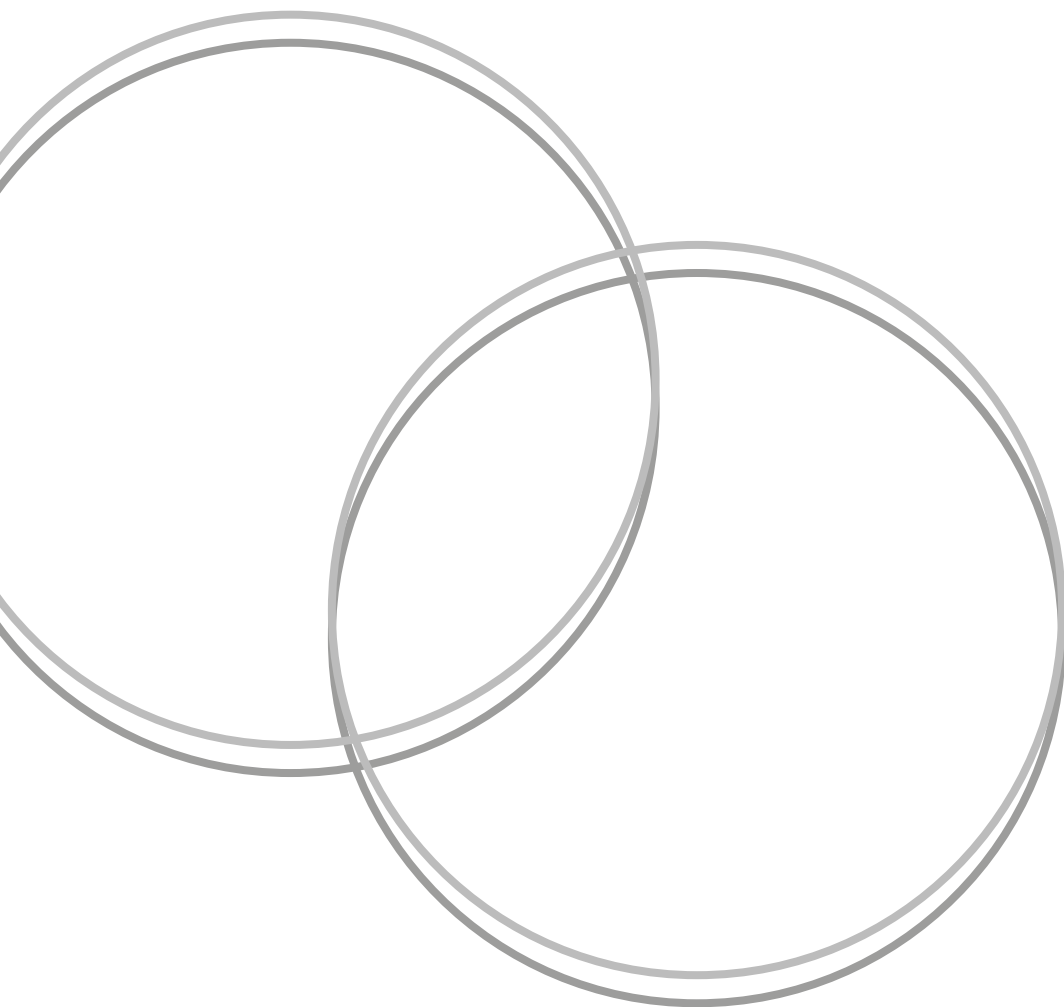




Oxford University Hospitals
NHS Foundation Trust

Living With Kidney Failure – the Kidney Patient Advisor



Oxford Kidney Unit

The Kidney Patient Advisor works with the team of doctors, nurses, dietitians and pharmacists who are involved in caring for patients with kidney disease. They work with people before they come to dialysis, those on dialysis and those who have had a kidney transplant.

Having someone in the family with chronic kidney disease affects everyone and the Kidney Patient Advisors are here to offer support to your family and your carers.

The Kidney Patient Advisor can give advice and support on a range of personal, emotional and practical matters.

We offer help on a variety of issues

- Benefits and finances.
- Grants from charities, including holiday grants.
- Help at home, such as referral to social and health care teams.
- Liaison with housing departments.
- Hospital discharge planning.
- Advocacy (support with decision making).
- Referrals for warden call systems and telephone installation.
- Assistance with looking for residential and nursing homes, if required.

Living with kidney failure does present challenges and problems. It can be helpful to talk with someone from the kidney team about this.

If you would like to talk with the Kidney Patient Advisor please ask any member of your kidney team. Alternatively, you may like to contact them directly.

For psychological care there is a dedicated psychologist in the unit. If you wish to speak to a psychologist, please ask your kidney team. A separate leaflet about this service is available; please ask your kidney team for a copy.

Contact details

If you wish to contact the Patient Kidney Advisor.

Telephone: **01865 226 570**

(leave a message on the answerphone if not available)

Mobile: **07787 105 567**

Email: **linda.evans@ouh.nhs.uk**

Working hours:

Monday, Tuesday, Thursday and Friday 7.30am to 4.45pm.

You may need to wait for a reply from the Kidney Patient Advisor.
If you need urgent help please contact any of the kidney charities listed on the next page.

Useful websites

Oxford Kidney Unit

Lots of information about the Oxford Kidney Unit for patients and carers.

Website: www.ouh.nhs.uk/oku

Kidney Patient Guide

Information for patients with kidney failure and those who care for them.

Website: www.kidneypatientguide.org.uk

Kidney Care UK

A charity which has lots of practical support and information for people with kidney disease.

Website: www.kidneycareuk.org

Six Counties Kidney Patients Association

The SCKPA is run for patients by patients or family members.

They offer support to people suffering from kidney disease or who are on dialysis. They work closely with the Oxford Kidney Unit and have branches in Oxfordshire, Northamptonshire, Buckinghamshire, and Milton Keynes, and parts of Wiltshire, Gloucestershire and Berkshire.

Website: www.sixcountieskpa.org.uk

National Kidney Federation

A charity which has lots of practical support and information for people with kidney disease.

Website: www.kidney.org.uk

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

Author: Linda Evans, Kidney Patient Advisor
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Oxford University Hospitals NHS Foundation Trust
www.ouh.nhs.uk/information



Making a difference across our hospitals

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OXFORD HOSPITALS CHARITY (REGISTERED CHARITY NUMBER 1175809)

