

Oxford Lung Cancer and Mesothelioma Multi-Disciplinary Team (MDT)

This information leaflet explains the role of the Multi-Disciplinary Team and Specialist Nursing and Practitioner Team in Lung Cancer and Mesothelioma

The Lung Cancer and Mesothelioma Multi-Disciplinary Team (MDT)

The MDT is made up of specialist healthcare professionals who work together to make recommendations and decide on the best individual advice and treatment plan for each patient. The diagram below shows the core members of the MDT.



What is a Key Worker?

A Key Worker is a person who has a key role in coordinating your care and promoting continuity – for example, making sure you and your family know who to contact for information and advice.

If you have lung cancer or mesothelioma the specialist nurse is likely to be your Key Worker. We recognize that access to our team is important, your keyworker will therefore be supported by their colleagues within the team. If you have any questions about the Key Worker role please contact the Specialist Nursing and Practitioner Team.

What is the Specialist Nursing and Practitioner Team?

The Specialist Nursing and Practitioner Team consists of:

- Specialist Nurses.
- Advanced Therapist Practitioner (Occupational Therapist).
- Clinical Support Worker.

We are here to support you and your family and carers. We work as part of the Multi-Disciplinary Team, offering advice and support to lung cancer and mesothelioma patients at any stage of their illness.

What can the Specialist Nursing and Practitioner Team offer me?

- Emotional support in dealing with diagnosis and the future.
- Information and advice about lung cancer and mesothelioma.
- Information about treatments for lung cancer and mesothelioma.
- Advice about symptoms, treatment side effects and their management.
- Someone to talk to about your feelings, worries, concerns and problems.
- Advice and support from the occupational therapist to help cope with the impact that cancer has on daily living. This can take place at the hospital and in the privacy of your home.
- Co-ordinate your care by linking in with other staff and services involved.
- Basic financial benefits advice and onward referral to (put you in touch with) dedicated benefits advisors.
- To act as your Key Worker at appropriate times in your care.
- Prompt response to your questions and concerns.
- Ongoing holistic needs assessment (HNA), to tailor your care to your priorities. This includes a simple questionnaire to help identify any specific worries or concerns you may have and will be used to form your individual care plan.

How do I contact the team?

We provide a service to patients throughout the Oxford University Hospitals NHS Foundation Trust (Churchill Hospital, John Radcliffe Hospital, Nuffield Orthopaedic Centre and Horton General Hospital).

We are based at the Churchill Hospital in Oxford. We can be contacted by telephone: Telephone: **01865 226 119** (Monday to Friday, 8.30am to 4.30pm)

Our phone number has a confidential answerphone where messages can be left. Please leave your name, a short message and a contact telephone number so we can call you back. Messages left after 4pm may not be answered until the next working day.

Our email address can be used for general questions but should not be used for any urgent issues.

Email: lungcancerspecialistnurses@ouh.nhs.uk

The team is not an emergency service and if you need urgent help, advice or support please contact your GP, out of hours GP or emergency services. Alternatively, if you are on treatment, you can contact the Hospital Oncology Triage Service on **01865 572 192** for urgent oncology advice.

The nursing team does not do home visits. If you need extra support at home this can be arranged through your GP, Community Nurses or Community Palliative Care Teams which we can discuss with you.

Other contacts and further information

Hospital switchboard

(for doctor's secretaries, wards) Telephone: 0300 304 7777

Maggie's Cancer Information Centre

Telephone: 01865 751 882 Website: <u>www.maggiescentres.com</u>

Oxford CAB Benefits Service

Telephone: 01865 227 083 Email: <u>macmillan@cab-oxford.org.uk</u>

Macmillan Cancer Support

Telephone: 0808 808 0000 Website: <u>www.macmillan.org.uk</u>

The Roy Castle Lung Cancer Foundation

Telephone: 0333 323 7200 Website: <u>www.roycastle.org</u>

Mesothelioma UK

(for patients with a mesothelioma diagnosis only) Telephone: 0800 169 2409 Website: <u>www.mesothelioma.uk.com</u>

Here For Health (Health Improvement Advice Centre)

Telephone: 01865 221 429 Email: <u>hereforhealth@ouh.nhs.uk</u>

Adult Social Care Team

Telephone: 0345 050 7666 Website: <u>www.oxfordshire.gov.uk/residents/social-and-health-care/</u> <u>adult-social-care</u> What is the Oxford Lung Cancer Support Fund?

The Oxford Cancer Support Fund is a charitable trust supported by public donation. It aims to improve the quality of care, supporting welfare and education for patients with lung cancer and mesothelioma.

It helps us achieve this in several ways by:

- Ensuring patients have access to quality and free information.
- Providing funding for the development of support groups.
- Providing funding to develop holistic patient care.
- Purchasing equipment for patient care such as nebulisers (when not provided by the NHS).
- Education and training for the Specialist Nursing and Practitioner Team (when not accessible through the NHS).

If you would like further information about this fund, or how to donate, please contact one of the Specialist Nurses or Practitioner.

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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