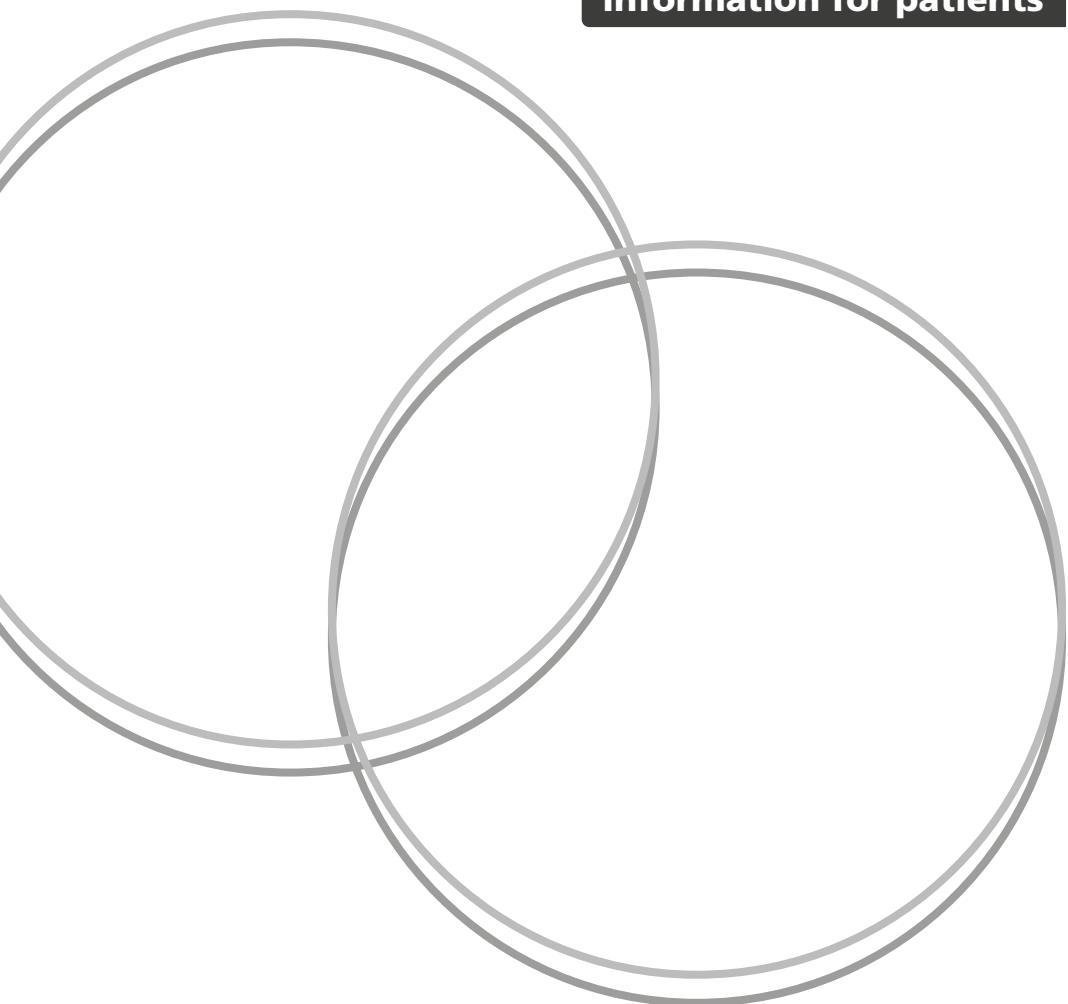




Oxford University Hospitals
NHS Foundation Trust

Babycare Advice for People with a Physical Disability

Information for patients



Specialist Disability Service

Baby care advice for people with a physical disability

Part of Oxford Centre for Enablement (OCE),
Oxford University Hospitals NHS Foundation Trust.

Specialist Disability Service

Oxford Centre for Enablement
Nuffield Orthopaedic Centre
Windmill Road
Oxford OX3 7HE

Email: **specialist.disabilityservice@ouh.nhs.uk**

Telephone: **01865 227 447**

Website:

www.ouh.nhs.uk/occe/services/specialist-disability-service

The aim of this service is to provide advice to people with complex physical disabilities who take on an active role in caring for a new born baby.

It is important to assess any needs you may have before the baby arrives, so that you can plan ahead and have time to adapt to lifestyle changes that may be needed.

Our experienced Occupational Therapist will discuss your concerns and answer your questions.

You will also have the opportunity to practice caring for your baby with the help of a life-size weighted baby doll, so that you gain experience and confidence.

Assessment

When assessing your needs, we work with you to break down the tasks required when caring for your baby and analyse what movements are required, for example:

- lifting and carrying
- feeding and holding
- nappy changing and cleaning
- dressing
- bathing.

Following on from the assessment, recommendations of baby-care techniques and useful products available on the market will be detailed on the final report.

Referrals

Referrals to our service can be made by your social or health care professionals.

For referral forms please visit:

www.ouh.nhs.uk/ocf/referrals/specialist-disability-services

To discuss a referral, please contact the Occupational Therapist:

Telephone: **01865 227 447**

Costs

Suitable funding must be established before the team are able to accept a referral.

The assessment is often funded by the client's local Integrated Care Board or ICB (This used to be known as the Clinical Commissioning Group or CCG) with an established service level agreement with Oxford University Hospitals NHS Foundation Trust.

Although this process is often quick and easy, for a number of referrals this may take some time.

If there is no service level agreement in place, we will give your social or health care professional an estimate of cost of the assessment, and they will make an application to your ICB for funding.

We are not able to provide equipment, any items that you require will need to be funded privately. Sometimes specialist equipment costs are met by local services. If you have any questions or concerns, please discuss with your local social or health care professional.

Notes

Notes

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust

www.ouh.nhs.uk/information



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