



Oxford University Hospitals  
NHS Foundation Trust

# The Colorectal Nursing Team

Information about your care



This leaflet has been designed to give you information about the people who will be involved in your care.

**You will be looked after by the Colorectal Multi-Disciplinary Team at the Oxford University Hospitals NHS Foundation Trust. We hope that this leaflet will be a source of information and help for you.**

## The Multi-Disciplinary Team [MDT]

This team is made up of a group of healthcare professionals who have a specialist interest, knowledge and expertise in the management of patients with cancers of the colon, rectum and anus.

### **The team is made up of:**

**Nurse Specialists** – nurses who have been trained and can provide expert advice related to your cancer conditions or treatment pathways.

**MDT Coordinators** – coordinates the administration associated with the work of the MDT and ensures information about your care is disseminated to the appropriate team caring for you.

**Surgeons** – a doctor who specialises in treating cancer with colorectal surgery.

**Medical Oncologists** – doctors who specialise in treating cancer with chemotherapy/immunotherapy (drug treatment).

**Clinical Oncologists** – a doctor who specialises in treating cancer with radiotherapy (type of X-ray treatment).

**Pathologists** – a doctor who interprets and diagnoses changes caused by disease in tissues and body fluids.

**Radiologists** – a doctor who specialises in diagnosing and treating disease, using medical imaging techniques such as X-rays, computed tomography (CT), magnetic resonance imaging (MRI). Nuclear medicine, positron emission tomography (PET), fusion imaging, and ultrasound.

**Gastroenterologists** – doctors who specialise in conditions affecting the bowel.

## **The MDT Meeting**

The MDT meets every Monday morning. Your individual case will be discussed at key points of your care such as diagnosis, after surgery, or after chemotherapy or radiotherapy.

The MDT will discuss your case history, scan images, pathology results and any other relevant information. As a team of specialists they will develop an appropriate plan for your treatment or care. This plan may be discussed with you over the telephone/in clinic or on the ward.

## **What is a Key Worker/ Nurse Specialist?**

A key worker coordinates and promotes continuity of care, for example by directing you and your family or carers to relevant information and advice. Although we will assign you a Key Worker, the whole team will help plan and deliver your care. We aim to support you to be as independent as possible and maximise your quality of life.

## **What is a Specialist Nursing Team?**

We are qualified nurses with specialist training and experience in colorectal cancer, who can offer:

- Emotional support to deal with your diagnosis and the future.
- Advice about your surgery, chemotherapy or radiotherapy.
- Information on any investigations you may need.
- Advice about physical symptoms, treatment side-effects and their management throughout your pathway.
- A link with other staff and services involved with your care, now and in the future, including contact details where appropriate.
- Advice and support when living with and beyond a cancer diagnosis including survivorship.

We use **Macmillan's Electronic holistic Needs Assessment (eHNA)** at [www.macmillan.org.uk](http://www.macmillan.org.uk) to help identify your needs; ask your specialist nurse for more information.

**Administrators** and **cancer support workers** work alongside the specialist nurses as part of the nursing team to support patients going through a colorectal cancer diagnosis. You will find that they are a core part of your cancer team and can also offer support day-to-day.

**Your named Key worker or Nurse Specialist is:**

.....

.....

# Contact Us

We are based at the Churchill Hospital and John Radcliffe Hospital in Oxford.

## **Colorectal Nursing Team**

Telephone: **01865 221 454**

Monday to Friday, 8am to 4pm, excluding bank holidays.

**This is an answerphone only** and we will aim to return your call within 2 working days. This call may be returned initially to ascertain the reason for your call, which enables us to prioritise the calls made to the team. Your call may be redirected to a more appropriate team.

Please leave your:

- Name
- Hospital number
- NHS number
- Telephone number
- A brief message about why you're calling

Email: [colorectal.nursing@ouh.nhs.uk](mailto:colorectal.nursing@ouh.nhs.uk)

## **The specialist nursing team is not an emergency service.**

Unfortunately, we are not able to visit you at home. Extra support at home may be arranged through your GP / community nurses / community palliative care teams – we can discuss this with you.

## **For urgent help or advice please contact your GP / on-call GP (111) or emergency services (999).**

Alternatively, you can contact the Oncology Triage Service if you are receiving oncology treatment (immunotherapy / chemotherapy / other drug treatment).

## **Oncology Triage Service**

Telephone: **01865 572 192**

# Your Care Plan / Next Steps:

Diagnosis: .....

.....

.....

.....

.....

.....

Treatment: .....

.....

.....

.....

.....

.....

Other Information: .....

.....

.....

.....

.....

.....

## **Further Information, Contacts and Support:**

### **Oxford University Hospitals Main Switchboard**

Telephone: **0300 304 7777**

### **Oncology Day Treatment Unit**

Telephone: **01865 235 558**

(queries about chemotherapy treatments and blood test results)

### **Satellite Pharmacy Churchill Hospital**

Telephone: **01865 235 615**

### **Bowel Cancer UK**

Telephone: **020 7940 1760**

Website: [www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

### **Maggie's Cancer Information Centre**

Telephone: **01865 751 882**

Website: [www.maggies.org/our-centres/maggies-oxford](http://www.maggies.org/our-centres/maggies-oxford)

### **Oxford Citizens Advice Bureau Benefits Service**

Telephone: **01865 227 083**

Email: [macmillan.oxcab@gmail.com](mailto:macmillan.oxcab@gmail.com)

### **Macmillan Cancer Support**

Telephone: **0808 808 00 00**

Website: [www.macmillan.org.uk](http://www.macmillan.org.uk)



**Cancer Research UK**

Telephone: **0808 800 4040**

Website: [www.cancerresearchuk.org](http://www.cancerresearchuk.org)

**Occtopus - Oxford Colon Cancer Trust**

Website: [www.occtopus.org.uk](http://www.occtopus.org.uk)

**Shine Cancer Support for Younger People**

Website: [www.shinecancersupport.org](http://www.shinecancersupport.org)

**The Hummingbird Cancer Support and Therapy Centre**

Website: [www.thehummingbirdcentre.org.uk](http://www.thehummingbirdcentre.org.uk)

**Sobell House Services**

Telephone: **01865 225 860**

Website: [www.sobellhouse.org](http://www.sobellhouse.org)

**Willow Foundation**

Telephone: **01707 259 777**

Website: [www.willowfoundation.org.uk](http://www.willowfoundation.org.uk)

## **Further Support:**

### **Here For Health (Health and Wellbeing)**

Offers support to: give up smoking, become more active, eat a healthier diet, reduce your drinking and manage your weight and improve/maintain general wellbeing

Telephone: **01865 221 429**

Website: [www.ouh.nhs.uk/hereforhealth](http://www.ouh.nhs.uk/hereforhealth)

### **Local Emotional support**

**Samaritans** - Free phone **116 123**.

Open 24 hours a day 365 days a year.

**Talking Space** - offers a free range of talking therapies, self referrals made via the online referral form or phone line.

Telephone: **01865 901 222**

Website: [www.oxfordhealth.nhs.uk/talkingspaceplus](http://www.oxfordhealth.nhs.uk/talkingspaceplus)

### **Oxfordshire Country Council**

Website: [www.oxfordshire.gov.uk/residents/social-and-health-care/health-recovery-and-wellbeing/mental-wellbeing](http://www.oxfordshire.gov.uk/residents/social-and-health-care/health-recovery-and-wellbeing/mental-wellbeing)

### **Oxfordshire Mind**

Website: [www.oxfordshiremind.org.uk/help](http://www.oxfordshiremind.org.uk/help)

**In England, prescriptions are free for anything related to cancer or its effects.**

**(please speak to your key worker/ nurse specialist for details)**



## Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

Author: Jess Boulton  
April 2024  
Review: April 2027  
Oxford University Hospitals NHS Foundation Trust  
[www.ouh.nhs.uk/information](http://www.ouh.nhs.uk/information)



*Making a difference across our hospitals*

[charity@ouh.nhs.uk](mailto:charity@ouh.nhs.uk) | 01865 743 444 | [hospitalcharity.co.uk](http://hospitalcharity.co.uk)

OXFORD HOSPITALS CHARITY (REGISTERED CHARITY NUMBER 1175809)

